

Alabama Criminal Justice Training Center



Training Announcement:

Pressure Point Control Tactics Instructor School

WHEN: Monday, September 12-16, 2011. **Registration deadline: 5 Sep 2011**
CLASS TIMES: 8:00 A.M. – 5:00 P.M. (40 hours)

WHERE: ALABAMA CRIMINAL JUSTICE TRAINING CENTER
Wallace Community College Selma Campus
1005 Meadow Ln, Selma, AL 36703
GPS Address: 3000 Earl Goodwin Parkway, Selma, AL 36703

DESCRIPTION: The PPCT Pressure Point Control Tactics course was the first subject control system designed based on tactical, legal and medical research. It was originally developed as a supplement to existing defensive tactics or impact weapon systems. The course focuses on two primary areas: controlling low level resistance with fingertip touch pressure to nerve pressure points and controlling high level resistance with defensive counter strikes and the baton, which produce motor dysfunctions and controlled stuns. Completion of this course will certify the student as a PPCT Defensive Tactics Instructor for a period of three years.

Course Goals:

1. To examine survival learning research in an effort to enhance survivability in combat situations.
2. To identify the primary and secondary striking targets and their medical implications.
3. To identify the PPCT Fluid Shock Wave Principal, a system of striking that enhances subject control.
4. To teach the recommended PPCT methods of de-escalation.
5. To refine student techniques to the instructor level.
6. To teach instructional methods designed to enhance a student's ability to learn survival techniques, increase his/her confidence level, and assist in a successful application of physical techniques.

TOPICS:

- *Use of Force Human Factors*
This chapter examines survival stress research and provides students with information that will enhance their survivability in combative situations and recommendations regarding issues related to critical incident management.
- *Instructor Development and Training Protocols*
This chapter Reviews instructional methods designed to enhance a student's ability to learn survival techniques, increase their confidence level, and assist in application of techniques. Topics covered include the psychology of survival training, motivational factors for learning survival skills, the neural basis of learning, and the stimulus response training principle.

- *Instructor Development and Training Protocols (Cont.)*
This chapter also introduces PPCT training protocols, including certification procedures, course protocols and registration requirements, and classroom safety concerns.
- *PPCT Control Principles*
This chapter introduces the basic training principles that form the foundation on which all PPCT training systems are based. Topics discussed include components of acceptability, the PPCT Resistance/Control Continuum, common types of resistance, principles of controlling resistive behavior, survival reaction time, the reactionary gap, and tactical positioning.
- *Pressure Point Control Tactics*
This chapter teaches students how to effectively and justifiably utilize pressure point control tactics for subject control. Topics include methods of application, nerve pressure point and nerve motor point locations, and use of force considerations.
- *Defensive Counterstrikes*
The defensive counterstrike chapter provides students with the skills and knowledge required to not only determine when it is appropriate to strike a subject, but to deliver the strike effectively as well. Topics include the tactical methodology of PPCT counterstrikes, the Fluid Shockwave Principle of striking, defensive stances and blocks, and counterstrikes with the hand and legs.

INSTRUCTORS: Sgt. Gary McWaters and Cpl. Nance Bishop

***** SENSITIVE INFORMATION *****

*** BE PREPARED TO SHOW YOUR MILITARY OR LAW ENFORCEMENT ID***

ENROLLMENT: Cost: \$375.00

The price includes meals and lodging at the new Alabama Criminal Justice Training Center located in Selma, AL. **GPS Address: 3000 Earl Goodwin Parkway, Selma, AL 36703**

ATTENDANCE: Open to Federal, State, and Local Law Enforcement Personnel, Active Duty Military, Reserves or Guard Personnel. This is a physically demanding class and students should be in suitable physical condition to undertake this training.

***** CLASS SIZE IS LIMITED TO 40 STUDENTS *****

TO REGISTER: Email: acjtc@dps.alabama.gov Academy Point of Contact is Cpl. Ed Bennett

**** STUDENTS MUST PROVIDE THE FOLLOWING EQUIPMENT: ****

- Athletic type clothing suitable for training
- Gun belt with handcuffs